

## Ingredients and Their Roles

Olympia's Lipo-Mino Mix starts with a special lipotropics fat burning combination of methionine, inositol, choline, and B12. Each of these ingredients helps the body turn fat into energy and are also powerful antioxidants.

In addition to the Lipotropics blend, Lipo-Mino also contains a mixture of B vitamins which further help to facilitate fat loss and increase energy.

The formula is then completed by adding ingredients to reduce appetite, build muscle and promote a healthy immune system.

## Active Ingredients

**Pyridoxine (B6):** Promotes red blood cell production and converts food to energy.

**Methionine:** Helps break down sugars & carbohydrates and convert to energy. **Inositol:** Converts food to energy.

**Choline:** Healthy nerve cells, cuts muscle recovery time, helps convert fat to energy .

**Cyanocobalamin:** Energy, healthy nerve cells.

**Thiamine (B1):** Improves immune system, helps convert fat and carbohydrates into energy.

**Riboflavin (B2):** Increases metabolism, supports immune system.

BY INTRAMUSCULAR INJECTION 1X WEEKLY